

Psalms 27:1

"The LORD is my light and my salvation; whom shall I fear? The LORD is the strength of my life; of whom shall I be afraid?"

Psalms 37:39

"But the salvation of the righteous is from the LORD. He is their strength in time of trouble."

Psalms 138:3

"In the day when I cried out, You answered me, and made me bold with strength in my soul."

Matthew 19:26

"But Jesus looked at them and said to them, 'With men this is impossible, but with God all things are possible.'"

2 Corinthians 4:16

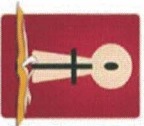
"Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day."

Philippians 4:13

"I can do all things through Christ who strengthens me."

2 Timothy 1:7

"For God has not given us a spirit of fear, but of power and of love and of a sound mind."



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Written by Helen Glowacki

(For more information on this subject read Helen Glowacki's inspirational book "Satan's Gift of Fear".)



Scriptural Insight

What We Do

Our goal is to help people understand and apply the word of God as written in the scriptures of the Holy Bible. We provide this information in a quick, easy, and exciting manner and assist others in sharing what they learn. We are a non-profit organization dedicated to providing articles, newsletters, novels, non-fiction books, study guides, mini-books, lectures, interviews, discussions and events to homes, businesses, churches, Sunday schools, orphanages, nursing homes, hospitals, hospices, prisons, detention centers, drug rehabilitation centers, universities, mission schools, day care centers, and other facilities all over the world.

We provide two websites and three Face book pages through which we describe our mission to serve God with all our heart and all our strength. We seek donations and grants to fund our work and we seek volunteers to assist us in the various venues through which we work. Our current written materials consist of 9 novels, 75 booklets, a 9 book mini-series, and 3 self help books written by Christian author Helen Glowacki. We offer these and the venues we develop free of charge to those who desire to learn and have a willingness to reach out to others.

Prior to the establishment of Scriptural Insight, Inc., Helen, sent books to the mission schools supported by the Henwood Foundation in Zambia, Africa, to the Sunday Schools of the New Apostolic Church in Lahore, Pakistan, and to various ministers, counselors and youth leaders all over the world. Helen sought, and was in direct contact with, those who desired to promote the word of God in regions where Christianity was being threatened. They welcomed any written material which helped in their teaching and thus her articles became very popular to bring testimony, support youth leaders, and be the basis for church services." of a church service. Please visit our website at www.scripturalinsight.org and let us know how you liked this booklet, how else we can serve you, and how you can become one of our volunteers to help in

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Climb That Mountain

Most of us have been through difficult times: times when we have walked through a dark valley and wondered if we would emerge unscathed on the other side. Most of us also know what it is like to be afraid, to wonder if we will ever escape from the pain of our present circumstances.

But if we took the Twenty Third Psalm in the Holy Bible and located in the very middle of the Bible, speaks about a valley of death and though we walk through it, we should fear no evil. The words of this psalm comforts us with the assurance that we will never walk alone.

As we envision such a valley, we may think about the mountains which form a circle around the area where we stand and take note of how steep the mountain peaks appear to us. We may even search for the one mountain which might offer the easiest climb if we wanted to leave that valley.

When a valley is surrounded by mountains, it is vulnerable to the water run-off of snow capped peaks, to the mud slides which can occur when the rain comes too quickly, to avalanches when the snows are very heavy, and even to the challenging weather which swirls around its highest point. We know too that very high mountains can block the sun and cause the valley to be dark, forbidding and cold.

When we find ourselves locked into a valley around which the mountain peaks seem too formidable to climb, we can become discouraged and resist the dream of climbing the mountain to leave the valley and fulfill our desire to change our life. And from this picture is born a little Fairy Tale describing a child of God who is searching for answers, is given that answer, and then becomes afraid to make use of it.

"Once upon a time a child of God found herself transported to the darkest valley imaginable. The valley was surrounded by a tall mountain range. She hadn't expected to find herself in such a place and as she looked around, she was chilled by the lack of warmth and sunlight. Her circumstances brought fear to her heart.

Over time, knowing that the valley was not where she wanted to be, she wondered why she stayed in the valley where she was so unhappy and began to look more carefully for an avenue of escape. She could see the many majestic mountain peaks surrounding the valley, but also saw one path on each of the mountains which appeared to reach the very top.

She wondered if she could walk toward one of those paths, find it, and begin the climb to leave the valley. She knew that she would have to choose which path she would take, but not knowing what she would face on such a journey, she was afraid. So she prayed and asked God to show her the path which would be right for her, the one He wanted her to take.

God heard the prayers of His child and He answered them. He summoned the sun to shine behind one of the mountain peaks and send its light over the clouds and the blue backdrop of the

skies. He summoned the birds to fly over the path could reach the majestic peaks, so could she.

As she began to recognize the signs God was sending to her, she decided to walk across the valley and find the pathway filled with sunlight and chirping birds. As she began her trek, a storm suddenly appeared in front of her. The path ahead filled with lightning and with torrential rains. She watched as the side of the path became muddy and the small plants alongside slid away. She watched as trees split from the lightning, she was afraid to move forward. So, she turned back.

Sadly, she stayed in the valley once again; in the cold and the dark, and she cried. She wondered if she would ever be free to walk again in the sunlight. She wondered if she would ever know where God wanted her to be. She wondered what it was that she was to learn from this terrible experience. She longed to find the courage to leave.

She continued to pray. Finally, she asked God why He'd pointed her toward a path and then made it almost impossible to pass. She asked God to help her understand and to show her what she was to do. She prayed that she could open her heart to what God wanted for her and quell her fear.

She began to listen to the little voice inside her, knowing that it was the Holy Spirit of God reaching out to speak with her. She heard the voice ask: "Do you trust God...really trust Him?" She pondered this question carefully. She suddenly realized that she had fully believed that she did trust God, but by being afraid to take the path she had been shown, she had not really been willing to trust after all.

She was surprised by this thought because she'd felt quite strongly that she had trusted God. So she prayed again and asked for forgiveness and asked

God to give her another chance. The same voice struck the area where you would have walked? What if the mudslides never actually touched the path? What if the trees which split fell only to the side of the path?"

And she was ashamed by those questions. She saw that God had simply wanted her to trust Him and she had not done so. She realized that God wanted to bring her onto a path which would bring her into the sunshine again. He wanted to show her how much He loved her and cared for her. But she had to have trust in God to achieve that goal.

God's child prayed yet again and asked God to give her courage, to fill her with strength and perseverance, and to bind the evil forces which brought fear to her heart. And God answered her prayer and did help her overcome her fear. And so God's child finally found the path God had set before her and with trust and courage, she began her climb.

This time she reached the top of the mountain and saw before her the light of the sun, the blue of the skies and the soft, puffy white clouds. She saw flowers, and trees and happy little villages. She thanked God for His help and promised to trust Him and follow His statutes all the days of her life.

The moral of this story is that we often hold ourselves back from receiving the fullness of God's blessings. It is our fear and mistrust which disconnects us from the loving protection God always offers us. Once we grasp God's hand and allow Him to guide us, we will never walk through any valley alone. We will instead come out of our trials and tribulations safe and protected and changed for the better!